

Medway & Maidstone Athletic Club

Graded Open Meeting

Saturday 6 September 2025 Medway Park, Gillingham

Run, Jump, Throw for school years R-5 (Max 60 Athletes)

Discus - Long Jump - 75m - 600m

9:30am - 11:30am (report at 9:00am to collect numbers)

12:30 & 2:00pm	100m
1:15pm	100m Wheelchair
1:20pm	300m
1:35pm	400m
1:50pm	400m Wheelchair
2:50pm	800m Wheelchair
3:00pm	800m
3:30pm	BMC 800m (Entry via BMC)
4:00pm	Chris Newman 1500m Handicap (M&M Only)
4:15pm	200m

11:30am	Long Jump (U13/U15/U17)
11:30am	High Jump (Starting 1.40m)
12:30pm	High Jump (Starting 1.05m)
12:30pm	Discus
1:45pm	Javelin
2:30pm	Shot Put
3:00pm	Hammer

(Throwing events will be 4 throws per athlete)

Electronic Timing & EDM

£10 per event - entry via entry4sports.co.uk

Entries will close 8pm Thursday 4th September 2025

