Medway & Maidstone Athletic Club

ENGLAND ATHLETICS

Bellway

SUMMER OPEN MEETING

Saturday 12th April 2025

Medway Park – Gillingham, Kent, ME7 1HF

Run, Jump, Throw for school years R-Y5. (max 60 athletes)
Shot – Long Jump – 75m – 600m
9.30am-11.30am (report at 8.45am to collect numbers)

10.30	100/80/75/70 Hurdles	1 Race of each
11.30	300m Hurdles 400m Hurdles	1 Race 2 Races
12.00	1500m	
12.30&14.05	100m	
13.30	300m	
13.45	400m	
15.00	800m	
15.20	BMC 800m	Enter via BMC
15.50	200m	
16.30	3,000m	

11.00	U13/U15/U17 Long Jump
11.30	High Jump above 1.45m
12.00	U13/U15/U17 Javelin
13.00	U20/SNR Javelin
13.15	High Jump starting 1.05m
14.00	U13/U15/U17 Discus
14.30	Shot Put
15.00	U20/SNR Discus
16.00	Hammer All Ages

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Electronic Timing & EDM

£10 per event - enter via online at **entry4sports.co.uk**

Entries will close at 8pm Thursday 10th April 2025