

Medway & Maidstone Athletic Club



Graded Open Meeting

Sunday 1st September 2024

Medway Park – Gillingham, Kent, ME7 1HF

Run, Jump, Throw for school years R-5.

Shot– Long Jump – 75m – 600m

9.30am-11.30am (report at 9am to collect numbers)

12.00 & 1.45pm	100m
1.00pm	400m
1.15pm	300m
1.30pm	Chris Newman 1500m Handicap
2.45pm	800m
3.15pm	BMC 800m
4.00pm	200m

← Club Members only

← Entry through BMC

11.30am	High Jump	Opening 1.45m
12.00pm	Hammer	U13 & Above
12.30pm	High Jump	Opening 1.05.
1.00pm	Long Jump	U13 & Above
2.15pm	Discus	U13 & Above
3.00pm	Shot	U13 & Above
3.30pm	Javelin	U13 & Above

Electronic Timing & EDM

£10 per event (Chris Newman Handicap race free)

enter via online at entry4sports.co.uk

Entries will close at 8pm on the 29th August 2021

