

Medway & Maidstone

Athletic Club

Bellway



SUMMER OPEN MEETINGS

Saturday 3rd September 2022

Medway Park – Gillingham, Kent, ME7 1HF

Run, Jump, Throw for school years R-6.

Shot – Long Jump – 75m – 600m

9.30am-11.30am (report at 9am to collect numbers)

12.30 pm	100m Rd 1	10 races	90 Athletes Max
1.20 pm	300m	4 Races	32 Athletes Max
1.40 pm	800m	4 Races	32 Athletes Max
2.00 pm	BMC 800m	4 races	32 Athletes Max
2.20 pm	100m Rd 2	10 races	90 Athletes Max
3.10 pm	400m	4 races	32 Athletes Max
3.30 pm	Chris Newman 1500m Handicap	1 race	M&M club members only
3.45 pm	200m	10 Races	80 Athletes Max

10.30 am	High Jump	12 Athletes Max
11.45 am	Long Jump	16 Athletes Max
1.00 pm	Shot	16 Athletes Max
2.15 pm	Javelin	16 Athletes Max
3.30pm	Hammer	16 Athletes Max

Electronic Timing & EDM

£8 per event

enter via online at entry4sports.co.uk

Entries will close at 9pm on the 1st September 2022

