

Medway & Maidstone

Athletic Club

Bellway



SUMMER OPEN MEETINGS

Sunday 10th April 2022

Medway Park – Gillingham, Kent, ME7 1HF

Run, Jump, Throw for school years R-6. (max 60 athletes)

Shot – Long Jump – 75m – 600m

9.30am-11.30am (report at 8.45am to collect numbers)

10.30	110/100/80/75/70 Hurdles	1 Race of each	8 Athletes per race
11.30	300m Hurdles 400m Hurdles	1 Race 2 Races	8 Athletes 16 Athletes
12.00	1500m	2 Races	Max 30 Athletes
12.40	300m	3 Races	Max 24 Athletes
13.00	100m	10 Races	Max 90 Athletes
13.50	400m	4 Races	Max 32 Athletes
14.10	800m	3 Races	Max 24 Athletes
14.25	BMC 800m	4 Races	Max 32 Athletes
15.10	200m	10 Races	Max 80 Athletes
16.00	3,000m	1 Race	Max 16 Athletes

11.00	U13/U15/U17 Javelin	Max 14 Athletes
12.00	U20/SNR Javelin	Max 14 Athletes
12.00	U13/U15/U17 Shot Put	Max 14 Athletes
13.30	U20/SNR Shot Put	Max 14 Athletes
13.30	Discus – All Ages	Max 14 Athletes
15.00	U13/U15/U17 Long Jump	Max 14 Athletes
15.00	U20/SNR Long Jump	Max 14 Athletes

Electronic Timing & EDM
£8 per event

enter via online at entry4sports.co.uk

Entries will close at 9pm Thursday 7th April 2022

