



**Medway & Maidstone
Athletic Club**

Under 13 Girls Club Records at 8 May 2017

Do not attempt to change these records. Send queries to Jenny Newton.
Cross-country races are not included in the records due to differing terrain.

Track & Field

75m	Tia Murray	10.0	Bromley	8 August 2010
100m	Tia Murray	13.31w	Ashford	12 June 2010
150m	Katie White	20.0	Bracknell	19 July 2009
200m	Ashleigh Horton	27.57	Kingston	30 July 2006
600m	Megan Warner	1:43.0	Ashford	15 April 2012
800m	Megan Warner	2:20.56	Erith	16 September 2012
1000m	Cayley Sage	3:15.6	Deangate	26 May 2003
1200m	Megan Warner	3:44.43	Erith	15 September 2012
1500m	Megan Warner	5:06.34	Bromley	11 June 2012
1 Mile	Charlotte Young	5:55.18	Tonbridge	7 July 2015
1 km Walk	Katie Stringer	5:27.74	Ashford	3 May 2017
1200m Walk	Sophie Levy	7:49.3	Erith	31 May 2010
2 km Walk	Katie Stringer	11:35	Coventry	29 April 2017
2.5 km Walk	Katie Stringer	16:14	Gravesend	1 April 2017
3 km Walk	Katie Stringer	18:31.03	Tonbridge	17 April 2017
70m Hurdles	Annie Waghorn	11.5	Eltham	6 August 2006
High Jump	Jade Oni Maisie Rixon	1.46	Tonbridge Erith	26 August 2013 12 September 2015
Long Jump	Natasha Scott	4.60	Brighton	15 August 2012
Shot 2.72kg	Zara Obamakinwa	9.79	Gillingham	7 August 2016
Discus 0.75kg	Zara Obamakinwa	30.93	Gillingham	7 August 2016
Javelin 400g	Isobel Shelley	21.94	Gillingham	3 September 2016
Hammer 3kg	Gypsy Nash	35.21	Lee Valley	8 April 2017
Minithon	Claire Carr	75 points	Erith	September 2001
Pentathlon	Annie Waghorn	2105	Canterbury	2 July 2006
4x100m	Abigail Walters, Connie Lamplugh, Maisie Rixon, Kalliyah Young	54.89	Tonbridge	20 September 2015
4x200m	Kent Women's League Team	2:00.2	Canterbury or Ashford	4 August 2002
3x800m	Cayley Sage, Laura Midgeley, Kellie Saul	7:56.8	Deangate	14 September 2003



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Indoors

60m	Natasha Scott	8.86	Newham	22 February 2012
200m	Maisie Rixon	29.73	Lee Valley	21 February 2015
60mH	Connie Lamplugh	10.38	Lee Valley	29 March 2015
600m	Katie White	1:58.7	Lee Valley	13 January 2008
800m	Katie White	2:47.0	Lee Valley	24 October 2007
1 km Walk	Katie Stringer	6:07.08	Lee Valley	22 January 2017
Long Jump	Natasha Scott	4.24	Lee Valley	25 March 2012
High Jump	Jade Oni	1.40	Lee Valley	31 March 2013
Shot Putt	Summer Salter	6.48	Lee Valley	27 February 2016
Minithon	Jane Angus	195 pts	Lee Valley	13 January 2008
Pentathlon	Jade Oni	1861 pts	Lee Valley	31 March 2013