

## Under 13 Boys Outdoors

100m	Joshua Oshunrinde	12.33	13/09/2014	Bromley
150m	Sam Lloyd	20.7		Deangate
200m	Isaac Milham	25.33	21/07/2013	Ashford
400m	Isaac Milham	60.3	26/06/2013	Dartford
800m	Isaac Milham	02:17.84	17/07/2013	Eltham
1500m	James West	04:43.1	20/09/2008	Erith
1k Walk	Jack Childs	5:26.09	05/09/2015	Birmingham
2k Walk	Jack Childs	10:59.7	13/09/2015	Erith
75mH	Isaac Milham	11.82	26/08/2013	Tonbridge
80mH	Michael Baker	13.54	28/07/2002	kingston
Shot Put	Job Milliner	10.32	17/09/2003	Erith
High Jump	Joseph Thurgood	1.5	18/09/2011	Erith
Long Jump	Isaac Milham	5.12	26/08/2013	Tonbridge
Discus	Richard Bull	18.79	03/08/2003	Canterbury
Javelin	Dean Oakes	36.3	07/09/2003	Woking
4 x 100m	Pierce White, Michael Baker Sam Lloyd, Peter Banfield	54.8	05/08/2001	Deangate
4x400m	Michael Baker, Sam Lloyd Chris Haines, Alex Bellinger	4:30.5	26/05/2002	Tonbridge
3x800m	Bashiri Ryan, Luke Stringer, Hamish Reilly	7:22.73	20/09/2015	Tonbridge
Pentathlon	Isaac Milham	2144 pts	26/08/2013	Tonbridge

## Under 13 Boys Indoors

60m	Kieran Isaac	8.32	26/03/2017	Lee Valley
200m	Kieran Isaac	28.4	22/01/2017	Lee Valley
800m	Isaac Milham	02:31.9	31/03/2013	Lee Valley
60mH	Isaac Milham	10.29	31/03/2013	Lee Valley
LJ	Isaac Milham	4.39	31/03/2013	Lee Valley
SP	Kieran Isaac	7.74	01/01/2017	Lee Valley
HJ	Isaac Milham	1.31	31/03/2013	Lee Valley
Pentathlon	Isaac Milham	1636	31/03/2013	Lee Valley